

# Consultant Profile

Barbara Duchow



Kienbaum Management Consultants GmbH  
Human Resource Management

## Education/ Professional Experience

2018	Bral School Poland, Song of Goats Theater group
2016	Bral School London, Acting school focus on Coordination Technique
2015	P'roducing Vinyl Record, songwriting / composition and concepting own mustimedia performance Show with Electro Rock Pop Music
2014	Trained systematic therapist, „Institut für Systemische Fortbildung – Uta Karschnick“
2013	Trained systematic consultant, „Institut für Systemische Fortbildung – Uta Karschnick“
2012	Vocals coaching rock/metal with Catharina Boutari, Singer in Rockband (Metal)
2011	Aerial Yoga teacher – Swaha Yogastudio (Athens, Greece)
2011	Teacher Training Synapsing with Alia Hawa (London)
2004- 2005	Certified power yoga trainer, Studia ASANA (Athens, Greece)
1999	ZBF-Germany
1995-1996	Visiting student at the art academy E.D.D.C. in Arnheim, Performing Arts
1992-1995	Stage School of Music, Dance and Drama, Hamburg,
1992-1998	Presenter on Tour Roadshows for MTV in cooperations with Martini Bianco/ Cola Cola/ Sierra Tequila
1992- 2002	Actress in many Theater Productions, Hamburg, München, Arnheim, Athens, NYC, Minneapolis, Austin Texas,
1990- 992	Freelancing Choreographer for Fashionshows and Training Synapsing with Alia Hawa (London)
1986- 1990	Dipl. Fashion Design, JAK Academy
1989- on going	Concepting/directing and production of Industrial Shows: Mercedes, VW, BMW, Breitling , Mont Blanc, Patek Philippe,ADIDAS, NIKE, NEC, Mikrosoft, Caterpillar, Jungheinrich, Viessmann, World Cyber Game Convention, X- Box, Phönix Contact, Dachser .....
2003-2018	Coaching and training in International and national assessment and development centres , Coaching one to one and Team Buildings

## Key Industry Sector

Aviation, Chemical, Energy, IT, Automobile, Biologie,

## Clients

Thales, Airbus, Evonik, E.ON, Viessman, STI  
Krupp-Tyssen,  
Phoenix Contact.....

## Consulting and Project Experience

- » Executive and high potential coachings
- » Delivery of trainings and coachings (communication, presence, performance, body-mind centring, voice and body language, work life balance, Stress management, creativity)
- » International and national assessment and development centers
- » Teambuilding seminars

Concepting/directing and production of Industrial Shows: Mercedes, VW, BMW, Breitling , Mont Blanc, Patek Philippe,ADIDAS, NIKE, NEC, Microsoft, Caterpillar, Jungheinrich, Viessmann, World Cyber Game Convention, X- Box, Phönix Contact, Dachser .....